

ZAMBIA

“FROM CAPE TOWN TO CAIRO AFRICA WILL BE SAVED”



Preface

This booklet has been created to assist the many teams visiting Zambia.

This is the third edition and has been compiled from experienced workers in the field.

We expect this booklet to expand and streamline in time with the benefit of knowledge and experience.

We do hope that visiting Zambia will be that much more prosperous, effective and enjoyable with this guide to prepare you.

Zambia is still a Nation in Revival with many needs. This booklet will assist you in your physical, mental and spiritual preparations.

We pray that your experience in Zambia allows you to return to your nation having blessed and having been blessed, and that you will be of greater value and service to the call of God to the Nation as a result.

If you become aware of any tips or hints which could prove helpful for future teams, please feel free in assisting us in updating or improving the information contained in this booklet by passing on suggestions to your team leader.

MAP



ZAMBIA

Zambia is the 'Real Africa', comprising of huge freshwater lakes and inland river systems, floodplains, game reserves and numerous wildernesses and of course the Natural Wonder – Victoria Falls.

The Legendary missionary David Livingstone first saw the awesome glory of Victoria Falls from Zambia. His memory is enshrined in the nearby town of Livingstone and his heart is buried in this beautiful land.

Zambia has one of the lowest populations to land ratio in Africa. Only 10 million people in a country half the size of Europe. The employment opportunities offered in the post independence era in the copper mines and associated industries led to a strong rural – urban migration. The result has been to make Zambia one of the most urbanized countries in Africa. About one fifth of the population lives on the Copper belt to the north of the capital, but the biggest concentration of people is in Lusaka itself with an estimated population of over 2 million. This has resulted in massive tracts of uninhabited land across the country.

Republic of Zambia

Area 752 614 Sq KM

Capital: Lusaka pop 2 million

Religion: Christian, Traditional

Language: English, Bantu Languages

Literacy: 78%

Life Expectance: 37 Years

Economy:

Industry – copper mining, food processing, textiles, rubber, chemicals

Agriculture: Export crops – Tobacco

Food crops – Corn, rice, sorghum, millet, wheat

PCI: \$370

Embowered with huge copper reserves and fertile farmland, Zambia looked to the future with optimism after independence from Britain in 1964. But copper prices plummeted in the mid 1970's, and transport costs soared. The economy could run out by the turn of the century. Farming will become increasingly important, only a fifth of the arable land is cultivated. Thundering Victoria Falls and other power sources bring self sufficient in hydroelectricity.

Climate: Zambia has three distinct seasons.

- December to April: warm & wet
- May to August cool and dry
- September to November: hot and dry

Average temperatures in summer range from 25 C to 35 C and in winter from 6 C to 24 C

THE PEOPLE OF ZAMBIA

Nearly half the population of Zambia is under the age of 15 years with a high infant mortality rate of 92/1000 live births. The average life expectancy is just 37 years.

Zambia is made up of 98.7% ethnic groups (Bamba is the predominantly ethnic language), 1.1% European, and 0.2% other

Christians make up about 60% of the population, Muslim and Hindu about 40% with indigenous beliefs 1%

Most of the population (86%) lives below the poverty line

Chibemba means “people of the Lakes and Waterways”. Many of these people live in areas that are difficult to reach.

MINISTRY BASE

The Ministry Base of To the Nations (TTN) is at Kabwe, a city about 2 hours drive north of the capital Lusaka. We work in conjunction with “To the Nations” who assists Missionaries in Africa in spreading the gospel.



MISSIONARIES

Christopher & Angela Shadbolt (Directors of To the Nations Ministries Ltd-Australia (ABN: 99.324.870) have the responsibility of running the organization, which is based in Australia, and outworked in Zambia.

To the Nations Missionaries in the field are: Chris and Angela who oversee and direct the Ministry Work throughout Zambia and surrounding nations. They have a son, Immanuel. Alex Mutale – Hospital Ministry. Mischeck Chama – Rural. Elijah Chembo – Sports Ministry. James Phiri – Sports Ministry. Jabez Phiri – Urban Ministry. Tamara Lungu – Hospital Ministry.

THE VISION

- To extend the Kingdom of God by taking the gospel to Zambia and surrounding African nations.

- To work in partnership with the local churches by training leadership and discipleship

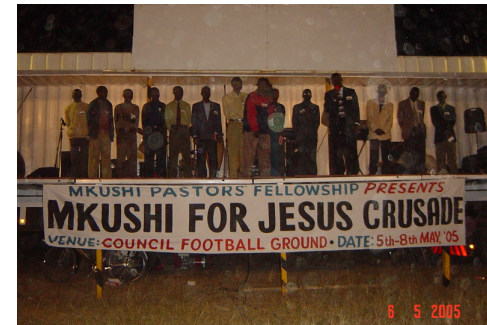
EVANGELISM STRATEGY

Mass evangelism

350,000 people have been reached in the past 3 years

Jesus Film

This has been translated into more than 300 languages around the world, and a million people see it every 24 hours. We are blessed with the Chibemba translation. We have the privilege of screening this film regularly in the rural and urban areas.



Leadership

On all our ministry trips we are committed to taking with us and working alongside the local church leadership. This is important to multiplying and will continue to be a key strategy

Church Planting

Due to the large response at meetings, churches are planted in many different areas.



Music Ministry

50% of the central African population is under the age of 15 years. The ethnic sound really gets the message across.



There are teams now dedicated to using this medium and has been particularly effective in the urban districts

Prison Work

Kabwe has the largest maximum security prison in Zambia. We have an ongoing discipleship ministry there.

Teaching and Discipleship

God has taught us so much that we want to share it. This is a continuing process as we teach them to train others.

Jet Boat Ministry

The central African waterways consist of great lakes, swamp areas and rivers. Jet boats are ideal as we are often faced with shallow water, sand bars, rocks and rapids.



SHORT TERM MISSION TRIPS

A Short Term Mission (STM) trip is able to provide people of a wide age range with a positive and life changing experience which will broaden their horizons and missionary vision.

As a general rule it is intended that folk come in groups consisting of 4 - 6 people, as a cohesive unit, under the supervision of a recommended leader.

These field trips are not tourism ventures, though there will be the pleasures and thrills of overseas travel and the adventures of new experience and places to visit. It is expected that all team members are well known to their group leader and fully expect to be an integral part of the mission experience. When an overseas team is with them, the field staff expects them to join in with their normal schedule.

The recommended duration of a trip is 14 days from April to November, the dry season. (Outreach ventures are more limited

at other times of the years.) The STM begins with a few days settling in and preparation / training for what follows.

Outreach assignments can involve hospital visitation, street work and evangelistic meetings in the towns and remote villages. Team members will have opportunity to share testimonies, counsel and pray with individuals as well as assist with practical tasks.

Travel could involve van, truck, 4x4 or jet boat. Space could be limited and it's important to travel light.

Sleeping

In the cities, the Zambians will billet you. In the villages, stretcher beds and sleeping bag with travel pillow is a must. The nights can be cool depending on the season and you may not have a roof over your head.

Side trips

There may be some 'down time' between outreaches. Side trips may be possible depending at the discretion of the field staff. For example, a trip to Victoria Falls or Game Park will enrich your time in Zambia. These costs are extra to the package price. Expect to pay about \$AUD 200.

Food

Please be courteous and eat what is provided by the locals.

Zambians traditionally eat with their right hand only. You will be shown how to follow customs.

TRAVEL

Flight cost can vary. Current estimates are between \$2500 and \$3000 ex Brisbane to Lusaka return.

Allow 2 weeks for new or renewing passports. If you hold an Australian passport you do not need visas or entry permits to South Africa or Zambia. Holder of passports from other countries will need to check their position on this.

The teams will be met at Lusaka airport and travel to Kabwe; 2 hours drive away, or head off to the outreach destination.

MEDICAL

You will need vaccinations, it is best to consult your local doctor.

Cost can be up to \$500 (not included in package price)

Consult your family Doctor and talk to others who have been to Zambia. Always ask your Doctor of the effectiveness of vaccines.

There are a variety of Malaria tablets. Doxycycline has been used by most team members to date.

MONEY & LODGING

Groups will be expected to fit into existing accommodation arrangements. If hosted, please assist in the purchase of groceries and help with meal preparation.

During outreach assignments food and lodging is covered in your package. Some supplementation would be advisable for us foreigners! (Muesli bars) There is a supermarket in Kabwe.

Other than your own souvenirs

The best way to have money is by credit card (VISA is the most common). You can get local currency (Kwacha) from an ATM using your Credit Card or manually at a local bank. Failing that, you can use travelers' cheques, but they are a bit of a hassle at times to cash in.

US currency is readily accepted in most places. Always keep some on hand. AUD is not accepted only US\$'s.

An approx \$US30 per day levy is charged to each team member. This covers the cost of outreaches, travel and meals (during outreaches) within Zambia. If your stay is 14 days, expect to pay \$420US as your contribution. (These fees cover costs only and can vary from outreach to outreach depending on distance travelled in Zambia or to surrounding Nations – fuel is very expensive).

PERSONAL EFFECTS

- Suggest 1 x Duffle bag only and plastic bags to separate items in luggage. Camera, notebook, torch, and spare batteries, something to read.
- Sleeping bag and a travel pillow

- Sleeping bag liner (sheet), you will need to be covered at night and a sleeping bag may be too hot.
- Stretcher with removable legs (if you have one)
- 1 pair of light footwear (toes to be covered as there are many creepy crawlies that can bite you)
- 1 pair of running shoes or boots
- Lots of underwear and socks
- 1 sweatshirt (or jersey) and a light jacket
- Men – 3 pairs of shorts, 5 pairs of longs, 5 t-shirts, shaving kit – not electric
- A woman – 1 pair of shorts and slacks for traveling in, 3 long skirts or dresses (below mid calf) 5 t-shirts or tops that cover shoulders.

Toiletries

- Small soap, small shampoo, deodorant
 - Face-cloth and 1 towel
 - Wet-wipes
 - Toothbrush and paste
 - Toilet paper
 - Sunhat, sunglasses, sun block, and a water bottle
 - 1 – 2 bottles of Johnson and Johnson SKINTASTIC insect repellent (best on the market and main deterrent for Malaria carrying mosquitoes)
 - Vitamins or Berocca to supplement diet
 - Small Bible
- NB Teams will be sharing reasonable confined spaces at times

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MISCELLANEOUS

Zambia's April to November is the cooler, dry season and temperatures will be similar to a hot Australian summer temperatures approx 25 C - 35 C all day long

Regarding food and water take note what the missionaries do and follow suit. Take water purifying tablets (if you like). A small water filter amongst the team would be handy. A comprehensive First Aid Kit is advisable for the team.

Voltage is 240v but plugs differ to ours. Adaptors are available in Zambia.

Death or accident - while we don't want to be morbid, do take time to talk to your family about what would happen if . . . there was a death in the family or you died?

Things to think about - would you come back? Where would you be buried? There? Here? Insurance policies? Have you made a will?

Be prepared for some physical activity (i.e daily village walking) and rough roads! We suggest that you improve your fitness with daily exercise prior to departure for at least six weeks.

Be prayed up, repented and ready for action!

Finally do not hesitate to contact us if you have any concerns or questions.



In His Grip

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